Welcome back to a hectic Term 3!

School Production
This term brings with it the frenzy, excitement and anticipation of our Annual School Production, this year called ‘Animation Nation’. Again it is shaping up to be a terrific night. For this event to be another memorable one, hours and hours of practise is needed by students and staff and community members. You will have received one of many notices regarding this event. Please read these notices carefully because it is our main means of communication between school and home. Please return any notices by the due date, which will avoid having to resend notices which can disrupt our organisation.

Production nights this year are 17th, 18th and 19th September at the Cardinia Cultural Centre.

Parent/Teacher Interviews
We were extremely pleased by the number of parents/carers who attended this night. If you missed out for any reason or had to cancel, please make an appointment to speak to your child’s classroom teacher. Feedback from teachers was very positive with great discussions about the learning needs of each student. Many parents were witness to Student Led conferences and we will continue to expand this strategy. This strategy is invaluable in giving ownership to students for their learning. We acknowledge the vital role teachers play in improving the learning outcomes for their students however unless students take some responsibility for their own learning with support and where appropriate, we are not equipping them with the skills necessary for lifelong learning.

Head Lice and Hand, Foot and Mouth Disease
All students around Melbourne are vulnerable to both of these conditions and this is a key time of the year to have an increased incidence of Head Lice and Hand, Foot and Mouth at school.

These conditions are unavoidable and can be minimised by vigilance at home. At a school level we have the resources to check students’ hair and notify parents of any problems but it is not the responsibility of the school to try to eradicate these conditions.

Our First Aide Officer, Rose works tirelessly in our school, managing the medical and often emotional needs of 430 students and about 45 staff members. She has implemented many strategies in line with Department policy and ensures our staff are kept up to date with their training of First Aide, Asthma information and a multitude of other health and safety procedures. It makes our school as safe as possible for each student at our school.
**Enrolments**

We have already started our formal transition program for new Preps to our school in 2014. If you know of anyone who is planning to enrol here for next year, please inform them that we encourage early enrolment. This allows us to forward plan and ensure we meet the needs of all new students and that they are ready for the exciting journey ahead.

**Behaviour of our students**

We are proud of the behaviour of our students both in and out of the classroom. Each week teachers have focussed on one particular Virtue with students and have taught what it looks like to display this Virtue towards others.

In earlier editions of this newsletter we have spoken about what Virtues are and how they differ from values. Most of our staff are trained in using Virtues language to acknowledge appropriate behaviour and call students to particular Virtues that help with modifying behaviours that are not appropriate.

Last week our focus Virtue was **Moderation**. Students learned the importance of balancing our lives. An example of this is to ensure homework is done, balanced with playing and resting. Moderation is knowing when to stop; stop talking and listen, stop watching TV, stop eating too much, stop the fight before it gets out of hand.

This week our focus Virtue is **Patience**; maybe easier to understand than the one prior but possibly equally as hard to display. Patience is trusting without complaint that what you are waiting for will happen. It is often about having self-control and being calm and tolerant when difficult things happen. It is realizing that we do not have control over the way someone else is acting or when things don’t go our way.

Students talk about, role play and do varying activities to develop the language of the Virtues. Although some of this language and vocabulary may seem difficult for young children, we as a school aim for consistency in the language we speak as much as expectations of behaviour from all school community members.

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**BLUE LIGHT DISCO**

**JUNIOR**

Narre Warren North Community Hall—A’beckett Road, Narre Warren North

Friday 2nd August from 6.00 PM TO 9.00 PM

**COST $10.00**

For students in 3,4,5,and 6 only.

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**SENIOR**

Berwick Leisure Centre-Manuka Road, Berwick.

Saturday 3rd August from 6.30PM TO 10.00PM

**COST $10.00**

For students in 7,8,9,and10 only.

**ANY ENQUIRES TO NARRE WARREN POLICE STATION 9705-3111**
Asthma tips for Parents and Carers this Winter

Winter can be a hard time for people with asthma as weather, coughs, colds and the flu can bring on more symptoms and attacks.

The common cold is caused by a virus and it is important to try not to cough and sneeze near other people, and to wash hands properly to prevent passing on the infection. The flu is different to the common cold and can be a much more serious viral infection.

People with asthma are recommended to have an annual influenza vaccination (the flu shot).

Preventing the flu protects people with asthma, as those with asthma are often unwell for longer and have a much harder time recovering from the flu.

Make sure your child's asthma is well-controlled; this will help them to bounce back quicker from a cough or cold and will help prevent asthma attacks when they are unwell.

Some medications and herbal remedies that we use for colds and flu can make asthma worse. Speak to your doctor or pharmacist about any concerns you may have.

Antibiotics are not normally prescribed for the common cold, or influenza, as these medications will not help a cold get better. Effective medications may include paracetamol and decongestants; however seek advice from your doctor or pharmacist before purchasing them for your child.

Suggested remedies for the flu and the common cold are: rest, staying hydrated by drinking plenty of water, staying away from cigarette smoke, using steam inhalation, gargling with salty water for a sore throat and seeking medical advice if concerned at any time.

Reminder to Parents / Guardians,

You must send written authorization with any medication that is required during school hours. Prepared forms are available at the front office. NO medications other than asthma puffers are permitted in the child's school bag. They are to be handed to the office or the sick bay for safe keeping, and can be collected at the end of the day if required.

Please also ensure that all current phone numbers are up to date. This is very important. When a child is feeling unwell or has been injured we need to be able to contact their parents as quickly as possible. Some students become quite distressed if we cannot contact anyone and they have to remain in sick bay. It can be a very long day for them, especially if they are unwell. Please do not send your child to school if they are unwell. The best place for them is at home.

I will be commencing class head lice checks this week. Yes, I know this, sounds unpleasant, but someone’s got to do it! If you have any queries regarding head lice, please feel free to call in or phone me.

Regards,

Rosina Rudd First Aid Officer
## STAR STUDENTS

<table>
<thead>
<tr>
<th>Class</th>
<th>Name</th>
<th>Points</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep L</td>
<td>Kayden Strickland</td>
<td></td>
<td>For displaying <strong>moderation</strong> by trying your best in all classroom activities.</td>
</tr>
<tr>
<td>Prep H</td>
<td>Finley Clayton</td>
<td></td>
<td>For showing <strong>moderation</strong> by developing your skills to balance work and play.</td>
</tr>
<tr>
<td>Prep O</td>
<td>Himanshi Rankoth</td>
<td></td>
<td>Continuing to strive to your best ability! Keep it up.</td>
</tr>
<tr>
<td>1/2 J</td>
<td>Mahia Lau / Deakin Howell</td>
<td></td>
<td><strong>Moderation</strong> – You think carefully about what is expected and you work quietly. <strong>Moderation</strong> – You always get to work quickly and quietly.</td>
</tr>
<tr>
<td>1/2 M</td>
<td>Kaitlyn Shipcott-Coad</td>
<td></td>
<td>For demonstrating the virtue of <strong>moderation</strong>.</td>
</tr>
<tr>
<td>1/2 K</td>
<td>Breanna Eaton</td>
<td></td>
<td>For demonstrating the virtue of <strong>moderation</strong>.</td>
</tr>
<tr>
<td>1/2 R</td>
<td>Shiloh Rauraa</td>
<td></td>
<td>For using your time wisely. You are thankful and content. <strong>Teaghan Lacey</strong> For being a responsible and trustworthy class member. Well done!</td>
</tr>
<tr>
<td>1/2 D</td>
<td>Hayden Barry</td>
<td></td>
<td>For setting goals for yourself with your writing and using your time wisely. Keep up your great effort!</td>
</tr>
<tr>
<td>3/4 C</td>
<td>Xavier Kuhnell - Pay</td>
<td></td>
<td>For demonstrating the virtue of <strong>moderation</strong>.</td>
</tr>
<tr>
<td>3/4 L</td>
<td>Steven Ikhtiar</td>
<td></td>
<td>For consistently demonstrating the virtue of <strong>moderation</strong>. Well done, Steven. <strong>Justin Ochaya</strong> For being a responsible class member. You are trustworthy and accept accountability for your actions, Well done, Justin!</td>
</tr>
<tr>
<td>3/4 S</td>
<td>Nathaniel De Lorenzo</td>
<td></td>
<td>For displaying <strong>moderation</strong> in finding a balance between work and play.</td>
</tr>
<tr>
<td>3/4 B</td>
<td>Jack Mc Cartney</td>
<td></td>
<td>For showing <strong>moderation</strong> in knowing when to talk and when to work.</td>
</tr>
</tbody>
</table>
EGG AND BACON MUFFIN DAY - Thursday 8th August

Egg and Bacon Muffins will be available for lunch only with a cost of $3.50. Hash Browns 80 cents lunch only.

FOOTY DAY - Thursday 13th September

We are having a Footy Day celebration. Students are encouraged to dress in their football team colours and are asked to bring along small change for 'the longest coin line' competition.

Special Footy Day Lunch Orders will be available for $5.50

- Hot Dog (sauce/no sauce)
- Drink
- Icy-pole

To order a Special Footy Day Lunch Order, please place your money and order in an envelope with the Grade, Name and Room Number.

Lunch Orders due back by Monday 9th September

Please replace old menu with new one
The Ride2School Program encourages the use of helmets when children are riding bikes or scooters. We’ve developed this guide to ensure your child’s helmet is the correct size and fit.

**Step One:** With loose straps, ensure that the helmet sits centered on the head.

**Step Two:** Adjust the chin straps — it should sit tightly but not uncomfortably.

**Step Three:** Ensure the helmet sits correctly on the head by measuring out a two-finger spacing from the top of the brow to the start of the helmet.

**Step Four:** If possible, adjust the connection point of the neck strap so that it sits on the jaw, just below the ear.

**Step Five:** Tighten the neck strap so that both sides are tight and both connection points remain on the jaw between the ears. The straps should not twist or cover the ears. When done up correctly the straps should provide a snug fit over the ears and under the chin.

**Step Six:** Ensure that the helmet does not move off the forehead or from side to side.
The Education Maintenance Allowance (EMA) is provided to assist eligible families with the costs associated with the education of their children.

Parents and guardians may be eligible for the EMA if they have a valid Centrelink Health Care Card or Pensioner Concession Card.

The second instalment of the Education Maintenance Allowance (EMA) payment is due to be paid from mid-August onwards for parents/guardians who chose the ‘direct deposit’ or ‘pay direct to school’ payment option on their application form.

Parents/guardians who chose the cheque payment option will receive their payment from late August / early September.

Parents and guardians who lodged an EMA application at the beginning of the year do not need to lodge another EMA application to receive the second instalment EMA payment.

Parents/guardians whose children have transferred to this school since 28 February 2013 will need to submit a new EMA application form. Applications close on 2 August 2013.

Eligibility information can be obtained from: www.education.vic.gov.au/aboutschool/lifeschool/ema/default.htm

Contact: School Office on 5941 4436 for an application form and further information.

Key Dates:
- Eligibility day - 15 July 2013
- Parent applications close - 2 August 2013
- Direct Deposit payments - Mid August 2013 onwards
- Cheque payments - Late August / Early September 2013
Dear Parents,

Our formal **2014 Prep Transition Program** is about to begin!

Do you have a child starting school next year in Prep?
If so, it is that time of year again when enrolments are being accepted.

This transition program is especially designed to ensure the most positive and successful transition for your child into the school environment.

For more information regarding our Prep Transition Program, please come and visit us at the office and collect our Prep Information Packs for 2014.

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**Story-time Thursdays**

Come and join in the fun every Thursday afternoon with Story-time in our school library. As part of our **Prep Transition Program**, this is a wonderful opportunity for children to visit the school, meet our current Prep Teachers and spend time in the library experiencing a typical school learning session.

Story Time sessions run from 2.30pm til 3.00pm, every Thursday afternoon (starting July 25th, August 1st, 8th, 15th, 22nd, 29th and September 5th and 12th)

Please come to the office and sign in your child!
ALLERGENS

Due to an increase in the number of students with allergens and anaphylaxis, we as a school are requesting that parents do not send nuts or nut related products to school. This is to reduce incidents of an allergic reaction. We ask that parents reinforce that food is not to be shared with other children. This will ensure a safe and healthy environment for everyone.

We have also totally banned all citrus fruit and citrus drinks at Pakenham Hills Primary School for the same reason.

NO CITRUS OR NUT RELATED PRODUCTS

AT SCHOOL

Thank you for your cooperation.

Dale Hendrick
Principal
Our Mission Statement for Term 3.
In 1/2 RT we like to learn!
We want to listen to each other and to help each other.
We want to make friends and play fairly. We like to have fun at school