

PHPS NEWS



Pakenham Hills
Primary School
Life is for learning

TERM 1 ISSUE 1.2

Friday 21st February 2020



Proudly introducing our 2020 School Captains:

**Rogan A, Pheobe H,
Amber G, Radhini F.**

In this issue:

- Principal's Post
- Cancer Council Fundraiser
- PHPS Renovations
- House Captains
- Student of the Week
- Parents Information
- Corona Virus Info
- Lunch Order Menu (Back Cover)

DATES TO REMEMBER 2020

TERM 1: 28/1/2020 — 27/3/2020

Please Note: During February, Preps do not attend school on Wednesdays

Week commencing Monday 2nd March, Preps attend full week

Friday 20th March

Final Parent Payment Contributions due

Thursday 26th March

School Photos

Friday 27th March

Last day of Term

Students finish school at 1.30pm

TERM 2: 14/4/20 — 26/6/2020

Friday 5th June

Pupil Free Day

Thursday 18th—Thursday 25th June

Whole School Incursion: Life Ed Van

TERM 3: 13/7/20 — 18/9/2020

TERM 4: 5/10/20 — 18/12/2020

Wednesday 7th - Friday 9th October

3/4 Excursion: Forest Edge Camp

Principal's Post

Welcome

We have had a great start to our school year and it is lovely to see all the students back at school. I would also like to extend a warm welcome to all our new students and their families.

Office Hours

Our school office hours are from 8.30am until 4.30pm. Before and after this time the office will be unstaffed and school phones won't be answered.

School Council 2020

School Council nomination forms are now available from the office! Being a member of school council is a great way of being involved in your child's education. The role of school council is to support the school with particular functions and responsibilities such as policy development, strategic planning and overseeing financial operations. Nominations are currently open and will close on Wednesday February 26 at 4pm. Our school council meets twice a term on Mondays, at 5.30pm. Meetings range from one to two hours.

How can I support my child at school?

This is a question that parents/carers ask often, here are some suggestions to begin the year.

- Ensure that your child arrives at school on time and attends school everyday
- Listen to your child read everyday! (Yes even in Year 6!) and model good reading behaviours by reading yourself.
- Talk to your child about their reading, writing and numeracy goals. What are they? What do they have to do to achieve them? What book/s is your child reading?

- Ensure that your child reads a variety of books. Children should have a variety of books including non-fiction and fiction and different authors.
- Get involved at school. Children love seeing their parents/carers at school.
- Ask questions about what they are learning. Contact your child's teacher if you have any concerns.

Sun smart

Welcome back to the new school year, it's that time of the year when all children need to be wearing a **broad brimmed hat** whenever they are outside.

No hat No play

If any child comes to school without a hat they will be asked to spend their play and lunch times in the reflection room.

Regards

Dale Hendrick

Principal



I Am A Totally Uncoordinated Dresser — Free Dress Day

On Wednesday 19th February, our whole school community participated in a free dress day with gold coin donation.

The day was a great success and we all had lots of fun and laughs seeing the students with some of the oddest and mixed up outfits!

We are very proud to announce a total of \$282 was

raised. A special mention is deserved for 1/2L who raised \$55 from their class.

Money raised will go to "Where's Wally Walkers" team, of which one of our father's is a member and has supported Cardinia's "Relay for life" for The Cancer Council.

Many thanks for your support.

Dale Hendrick



Renovations and improvements to PHPS grounds



Pakenham Hills
Primary School
Life is for learning

Over the holidays we have undertaken renovations to the Reception/Office area and adjoining corridor.

If you have visited recently, you will smell the fresh new paint in our school colours and also see there is now a secured door for our families/tradespeople/specialist (i.e Speech pathologists etc) to be “Buzzed in.” This will help us provide greater security for our Staff and Students.

We still would like to remind our families and friends of the school that we will still make every attempt to

maintain our **Welcoming Environment**. Should you wish to see any of the Principal Team, please do not hesitate to contact us and we will make a convenient time available.

We are also glad to have our fantastic “Pirate Ship” play area reinstated and Students enjoying it!

Regards

Dale Hendrick, Mat Anderton and Rachel Mauger

Principal Team



House Captains



Pakenham Hills
Primary School
Life is for learning



Anderson



Murphy



Kennedy



Adams

Congratulations to our new House Captains:

Anderson: Zach K and Jackson M

Murphy: Maddison T and David B

Kennedy: Lachlan M and Beau P

Adam: Ethan S and Zarhi K

We wish you lots of success in your new roles.

Regards

Mat Anderton (Assistant Principal)

Student of the Week



Pakenham Hills
Primary School
Life is for learning

PJ				
PP		Zali J	Bonnie S	
PW			Jayden W	Mackayla G
P/1M		Ruby B	Chase B	Rickpreet S
1/2S		Elijah D	Kobe F	
1/2F	Chase R	Anika S	Ally P	Ruby S
1/2T	Lexi S			
1/2M				
1/2L		Lucas K	Jennifer T	
3/4M				
3/4O		Millie M		
3/4I				
3/4R		Xavier S	River M	
4/5B				
5/6B			Asmah N	Jordyn-Maree H
5/6S				
5/6J				
5/6H				



Parents Information

Book Club

Book Club provides your family with a fun and convenient way of bringing the best in children's literature into your home, while also helping to bridge the important class-to-home reading gap.

Book Club orders also support your child's school, as 20% of your order spent goes back to your school in valuable Scholastic Rewards.

To place your order, please follow the link or download the app. Books are delivered to the students classroom, unless you specify it is a Gift when ordering. In which case we will contact you to arrange collection.

We will not be accepting cash for orders this term.

Catalogues are due to be sent out soon.

Please contact Laura if you require further assistance.

Thank you for your continued support

Laura

Introducing

SCHOLASTIC

Book Clubs LOOP

for Parents

LOOP is the Scholastic Book Clubs
Linked Online Ordering & Payment platform for parents.
To order and pay for Scholastic Book Clubs by credit card visit:
www.scholastic.com.au/LOOP

GET IT ON
Google play

Download on the
App Store

Administration Team

If you are going to be late collecting your child from school, or wish to change the end of day arrangements, ***please call the School Office on 5941 4436 before 3:00pm.***

This will allow enough time to get a message to your child and avoid any unnecessary distress at the end of the school day .

**Final Parent Payment Contributions due
Friday 20th March.**

Kind Regards,

Elaine Eastwood
Business Manager



ADVERTISE YOUR LOCAL BUSINESS HERE

Our school's fortnightly newsletter reaches over 400 families in the local area including staff and students.

Business Card Size \$5.50

1/3 Page: \$8

1/2 Page \$11 Full Page \$20

School families receive a further discount of 10% off. Please contact the Office for further information.

The Importance of 10 Minutes a Day

Did you know that just 10 minutes of reading a day will change your child's life? While that may seem like a big statement to make, numerous studies have consistently shown that 10 minutes exposure to reading materials each day is all it takes to positively shape your child's future. And this doesn't just include complicated educational texts—any reading materials, be it comic books, novels, picture books, recipes, the television guide or the back of food packets, all count towards your child's daily reading goal. Reading any of these materials for 10 minutes a day exposes your child to more than 600,000 words in one year—interestingly, that's more than double the word exposure of a child who only reads for 5 minutes or less each day. The benefit of this word exposure is immense—research shows us that reading more improves a child's performance in general knowledge, vocabulary, reading comprehension, verbal fluency and spelling[i]. But this goal of reading for 10 minutes each day isn't only to improve your child's academic success; the effects of this achievement are far more long-term than you may have anticipated.

As Dr. Seuss wisely penned, *'The more that you read, the more things you will know. The more that you learn, the more places you'll go.'* Reading for pleasure is a skill that will safely carry your child to success well into their adult life, broadening their horizons and opportunities. So how does reading benefit your child outside a classroom environment?

Reading improves a person's empathy and emotional intelligence, allowing them to better understand the people and the world around them, which is especially important in today's connected world. It fights against memory loss and has even been shown to slow the progress of diseases like Alzheimer's and Dementia[ii]—the brain is a muscle and regular exercise, such as reading each day, helps keep it healthy and stimulated.

As our lives continue to get busier, stress and the negative effects that it has on our physical and mental health can take its toll. However, research has shown that reading can be one of the fastest and most effective ways to reduce stress levels. Reading for just a few minutes can reduce stress levels by more than two thirds[iii], allowing the body to relax as the mind is granted a much-needed distraction from everyday worries. Reading also improves a person's concentration, verbal and analytical skills, decision-making and emotional processing[iv]. While

10 minutes may only seem like a small chunk of time out of each day, life has a way of getting pretty busy. So, how can you ensure that you can comfortably set aside some time each day to help your child reach their reading goal? We've put together a few reading tips to help you encourage your child to smash their reading goals:

Visit your local library. Enjoy free resources such as books and read-aloud events.

Be a reading role model and let your child see you reading for enjoyment, for news and for information in cookbooks, magazines, online etc. This way they see that reading is important for many reasons. If space allows, create a special area for your child to dedicate to reading. Make sure your child puts aside phones, tablets and any other devices that may form a distraction.

Encourage your child to become a reading omnivore. As we mentioned earlier, all forms of reading materials are beneficial when it comes to reaching their reading goals. If they find a particular genre that they love, encourage them to explore more titles with similar themes.

Encourage children to read to their siblings, their friends, grandparents, pets and even their stuffed toys—any ear is a good ear when it comes to reading aloud!

Encourage your child to create their own story, whether it's a short-story, a comic strip or a novel. This allows them to use their creativity to write their own story, and also encourages them to proudly read it to others.

Tie books and TV/movies together. For example, read about sea life after watching a nature documentary on the ocean. Or, connect books and experiences together. For example, after a school excursion to the zoo, read books about animals.

Write easy-to-read notes and leave them in lunchboxes, on pillows or on mirrors and promote a sense of fun and eagerness about reading. Write your shopping list clearly and ask your child to help you read it in the supermarket.

Start seasonal traditions. Pick a book to read every year when your child goes back to school. You can also read the same special book during a holiday or birthdays.

Keep favourite books around. It can be comforting for a reader to build confidence and fluency by practising when re-reading a favourite book.

Written by:
Alesha Evans
Scholastics





Pakenham Hills
Primary School
Life is for learning

MARTIAL ARTS ACADEMY

Kids Karate

4 Weeks Training, Uniform & Belt - all for only

\$49



- Confidence • Focus • Resilience
- Commitment • Respect • FUN!!

Ph: 0467 049 139 E: emerald@allstarsdefence.com.au

Location: Pakenham Hills Primary School Gym

15 Kennedy Road, Pakenham, Victoria

www.allstarsdefence.com.au



Lunch Orders

Canteen runs on Monday, Wednesday and Friday only. Your child will need to bring in a lunch bag with their Name, Class and order clearly marked. Orders will not be accepted after 11am.

If the order is short on money, it will be adjusted or will be incomplete. (A note will be on the bag). Please try and use the exact money as much as possible.

PRICE LIST FOR SCHOOL LUNCHES 2020			
PAKENHAM GENERAL STORE 5940 2559			
WRAPS, ROLLS, SANDWICHES (White bread)		HOT FOOD	
Cheese	\$2.50	Cheese Burger (Roll meat patty, tomato sauce)	\$6.00
Ham	\$3.30	Burger with the lot (As above with lettuce and tomato)	\$6.50
Strass	\$3.30	Chicken Burger (Roll, Chicken Fillet, lettuce/mayo)	\$5.00
Tuna	\$4.00	Hot Dog	\$3.00
Chicken schnitzel wrap. (Chicken, Lettuce & Mayo)	\$5.00	Mini Pizzas (Ham & pineapple)	\$2.00
Salad	\$3.50	Lasagne	\$4.00
Ham & salad	\$4.70	Meat Pie (Large)	\$3.70
Strass & salad	\$4.70	Meat Pie (Small)	\$1.50
tuna & salad	\$5.20	Sausage Roll (Large)	\$4.00
Salads=Lettuce, tomato, carrot, cucumber.	.40ea	Sausage Roll (Small)	\$1.50
Add Cheese	\$0.50	Steamed Dim Sims (with soy sauce)	\$1.20
Add Roll	\$0.50	Spinach and Cheese Roll (Extra Large)	\$3.50
FRUIT CUPS: Fruit Salad or two fruits	\$2.00	Chicken Nuggets	\$0.50
FROZEN YOGHURT CUPS: Strawberry or Mango	\$3.00		
DRINKS:		EXTRAS	
Fruit Boxes - Apple or Apple & Black Currant	\$2.20	Tomato Sauce Satchels	\$0.20
OAK Milk - Chocolate or Strawberry	\$2.60	Mayonassise	\$0.30
Water	\$2.00		